

34th Annual International Conference on Family Medicine

FAMILYCON

2024

25-26-27
October
Faletti's Hotel,
Lahore

SCIENTIFIC PROGRAM

Family Medicine: "Transforming Healthcare of Masses"



DR. TARIQ MAHMOOD MIAN
Chairman Organizing Committee
0300-8419663



DR. SAEED AHMED
Chief Organizer
0321-9482670



DR. MUHAMMAD TAHIR CH.
Secretary Organizing Committee
0300-9448693



DR. AHMED NAVEED BHATTI
Vice Chairman Organizing Committee
0321-5926660



DR. SAJJAD AHMAD MALIK
Chairman Registration
0300-4517342



DR. NAHEED NADEEM
Chairperson Ladies Wing
0302-4745106



DR. ABDUL REHMAN
Chief Coordinator
0314-4106200



DR. AAMER GHAFOOR MUFTI
Conference Secretary
0300-4165684



DR. ARSHAD SHOHOOD
Conference Secretary
0300-9480052



DR. OMAR RASHID
Chairman Scientific Program
0333-4353991



DR. MUHAMMAD ASIM SHAFIQ
Chairman Workshops
0333-4233947



DR. FAIRA TAHIR
Chairperson Gynae Workshop
0331-9400447



unicef 
for every child 
jhpigo
Saving lives. Improving health.
Transforming futures.

FAMILYCON 2024

THE BIGGEST CONFERENCE OF FAMILY PHYSICIANS

25-26-27th October 2024, Faletti's Hotel, Lahore

SCIENTIFIC PROGRAM



SCIENTIFIC PROGRAM

34th ANNUAL
CONFERENCE
2024
25-27TH OCTOBER
Falatie's Hotel, LAHORE

Day 1

ULTRASOUND SESSION

(Friday 25th Oct. 2024) Venue: Faletti's Hotel, Lahore



Dr. Naheed Nadeem
Chairperson Ladies Wing /
Ultrasound Workshop

Dr. Amjad Iqbal Khan
Dr. Nighat Tariq
Course Director
Ultrasound Workshop

Dr. Seemi Shahid,
Dr. Farhat Nauman
Co-Chairpersons
Ultrasound Workshop

Moderators:

Dr. Naheed Nadeem, Dr. Tabassum Mahmood,
Dr. Farzana Kausar

Breakfast: 07.30 to 08:00 am

Opening Remarks: 08.15 to 08:30 am

Recitation of Holy Quran 08.00am to 8.15am

Session 1

Co-Chairs: Dr. Tariq Mahmood Mian, Dr. Farzana Saleem, Dr. Sarah Arshad, Dr. Sajjad Malik, Dr. Arshad Shohood, Dr. Faiza Sajid, Dr. Zarina Mufti, Dr. Zunaira Faiz

Start	End	Topics	Speaker
08:30am	8:50am	MRI & Mamography when to refer	Prof. Dr. Saulat Sarfraz
09:00am	09:20am	Imaging in Epigastric + Right Hypochondrial Pain	Prof. Dr. Aamir Khan
9:30am	09:50am	Ultrasound findings in Obstetrical Emergencies	Dr. Manzoor Ahmad

Session 2

Co-Chairs: Dr. Saeed Ahmed, Dr. Aamer Mufti, Dr. Faira Tahir, Dr. Samiya Omar, Dr. Omar Rashid, Dr. Barjees Fatima, Dr. Asim Shafiq, Dr. Capt. Ashfaq Qureshi

Start	End	Topics	Speaker
10:00am	10:20am	USG in 1st Trimester	Assoc. Prof. Dr. Amjad Iqbal Khan
10:30am	10:50am	USG in 2nd, 3rd Trimester	Dr. Tauseef Qamar

Session 3

Co-Chairs: Dr. M. Tahir Ch., Dr. Abdul Hafeez (Mul), Dr. Sonia Bakhtiar (Ibd), Dr. S. Asad Ali, Dr. Abdul Sattar Ch., Dr. Sajid Qayyum, Dr. Kokab Shaheen, Dr. Ghulam Shabbir Malik

Start	End	Topics	Speaker
11:00am	11:30am	Role of Radiology in Management of Infertility	Prof. Safdar Ali Malik
11:40am	12:00pm	Ultrasound of Urogenital System	Assoc. Prof. Dr. Ramzan Ch.

12.00pm 01.00pm

Hands on Training

Organizing Committee

Dr. Farzana Saleem, Dr. Sarah Arshad, Dr. Khadija Ghumman, Dr. Amir Shafi, Dr. Zunaira Faiz, Dr. Maqbool Ahmad, Dr. Jamila Akhtar, Dr. Zarina Mufti, Dr. Kokab Shaheen, Dr. Tahira Jabeen, Dr. Nausheen Tauseef, Dr. Amina, Dr. Seema Muzammil, Dr. Abdul Hafeez Khan (Multan)

01.00pm to 02.00pm

Lunch & Juma Prayer

Day 1 OBSTETRICS, GYNAECOLOGY SESSION

Date: 25th October 2024, Venue: Faletti's Hotel Lahore



Prof. Al-Fareed Zafar
Chairman



Prof. Ayesha Malik
Chief Organizer

Dr. Naheed Nadeem
Chairperson Ladies Wing

Guest of Honors: Prof. Shaheena Asif, Prof. Tabinda Rana,
Prof. M. Arshad Chohan Prof. Saqib Siddique



Dr. Faira Tahir
Chairperson
Gynae Obs Workshop

Dr. Samiya Omar
Co-Chairperson
Gynae Obs Workshop

Dr. Barjis Pasha
Co-Chairperson
Gynae Obs Workshop

Session 1 Moderator Dr. Faira Tahir

Start	End	Topics	Speaker
02:00pm	02:15pm	Importance of Calcium & Vitamin-D *	Prof. Uzma Hussain
02:15pm	02:30pm	High B.P, Pre Eclampsia Pregnancy Risks	Prof. Aisha Malik

Session 2 Moderator Dr. Maham Janjua

Start	End	Topics	Speaker / Panelists
02:30pm	03:15pm	Challenges in Management of Subfertility	Dr. Nomia Saqib
Panel Discussion			Prof. Fariha Farooq, Prof. Kiran Khurshid Prof. Aliya Bashir, Prof. Faiqa Saleem Prof. Shumaila Hanif Prof. Fouzia Amber

Session 3 Moderator Dr. Sarwat Ahsan

Start	End	Topics	Speaker / Panelists
03:15pm	03:30pm	Feto Meternal Medical Unit role in Management of High Risk Obs Patients	Prof. Noreen Akmal
03:30pm	03:45pm	Cervical Cancer Awareness Program *	Dr. Noreen Zafar
03:45pm	04:00pm	Early detection of Gynaecological Maligancies (SOGP)	Prof. Fareed Zafar
Panel Discussion			Dr. Aminah Khan

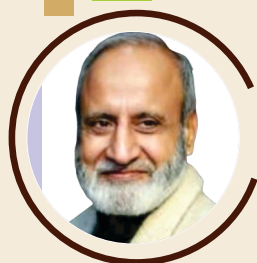
Session 4 Moderator Dr. Amna Ahsan

Start	End	Topics	Speaker / Panelists
04:00pm	04:45pm	Challenges of Menopause	Prof. Shamaila Ijaz Munir
Panel Discussion			Prof. Tayyiba Waseem, Prof. Shamsa Humayun Prof. Mona Zafar Prof. Shaila Anwar Prof. Amna Eusaph Prof. Mehr-un-Nisa

Day 2**34th Annual International Conference on Family Medicine FAMILYCON 2024**34th ANNUAL
CONFERENCE
2024
25-27TH OCTOBER
Faletti's Hotel, LAHORE

FAMILY MEDICINE SESSION

Family Physicians Memorial

**Dr. Muhammad Asim Shafiq***Chairman Workshops:***Saturday 26th October, 8:30 am to 10:50 am****Venue : Faletti's Hotel Lahore****Breakfast 7.00 -8.00AM**

Dr. Bashir A. Malik, Prof. Riaz Qureshi, Dr. Muhammad Azam Khan, Dr. Nadeem A. Qureshi, Dr. Atta Ur Rehman Butt
 Dr. Nauman Bashir Kurd, Dr. Gulzar H. Qasim, Dr. Amber Qureshi, Dr. Humayun Rasheed, Dr. Mahmood ul Hassan,
 Dr. Zulfiqar Ahmad, Dr. Asif Mughal, Dr. Iftikhar Qureshi, Dr. Yousaf Sheikh, Dr. Moin, Dr. Shaukat Nayani, Dr. Sajjad Rana,
 Dr. Col. Manzoor Hussain, Dr. Aslam Hameed, Dr. Amin Janjua

Breakfast Session

Start	End	Topics	Speaker
08:00am	08:15am	New Era of Potent Acid Control: Vonoprazan Treating GERD and H. pylori Ulcer	Prof. Khalid Mahmud Khan
08:15am	08:30am	Turning the Tide on NSAID-Induced Ulcers with Vonoprazan	Prof. Mian Muhammad Hanif
Start	End	Topics	Speaker
08:30am	08:50am	Antibiotic Resistance & Family Physicians	Prof. Nasir Shah
08:50am	09:10am	Insulin Resistance	Dr. Tariq Mahmood Mian
09:10am	09:30am	Dietary recommendations for Metabolic Syndrome	Dr. Saeed Ahmed
09:30am	09:50am	Carbohydrate addiction - Real or Fake	Dr. M. Tahir Ch.
09:50am	10:10am	Personalized Care in Family Medicine	Dr. Abdul Rehman
10:10am	10:30am	When to refer a patient from a GP clinic	Dr. Dur-e-Nishat
10:30am	10:50am	How to reduce infections in developing countries in Era of AMR	Prof. Asghar Javaid

Q & A Session & Shields Distribution

GI and LIVER CARE Session (Khawaja Saadiq Memorial)

Saturday 26th October, 11:00 am to 01:05 pm Venue : Faletti's Hotel, Lahore

Start	End	Topics	Speaker
11:00am	11:25am	Chronic Idiopathic Constipation *	Prof. Dr. Zafar Iqbal Ch
11:25am	11:50am	Management of Complicated GERD & When to Refer for Endoscopy *	Prof. Muhammad Arif Nadeem
11:50am	12:15pm	Managing Diabetic GastroparesisA New Approach. *	Assoc. Prof. Ghias Ul Hassan
12:15pm	12:40pm	Updated Guidelines on Hepatitis B *	Assoc. Prof. Dr. M. Bilal Nasir
12:40pm	01:05pm	Acyclovir Therapeutic Horizon & Guidelines 2023 on Post Exposure for Varicella Or Shingles *	Assoc. Prof. Tahir Kamal

Q & A Session & Shields Distribution

Derma Session

Saturday 26th October, 01:15 pm to 02:15 pm**Venue : Faletti's Hotel, Lahore**

Start	End	Topics	Speaker
01:15pm	01:35pm	Common Dermatological Conditions	Prof. Azam Bukhari
01:35pm	01:55pm	Erectile Dysfunction	Prof. Zaheer Akhtar
01:55pm	02:15pm	Approach to Androgen deficiency in elderly males	Prof. Akmal Bhatti

The Organizing Committee Of FAMILYCON Cordially Invites You At Inaugural Ceremony

on Saturday 26th October at 3:00pm, Faletti's Hotel, Lahore

Programme InShaa-ALLAH

Guest to be Seated
Tilawat Quran e Pak
National Anthem
Welcome Address by Dr. Tariq Mahmood Mian
Chairman Organizing Committee / President PAFP (Regd)
Secretary Report by Dr. Muhammad Tahir Ch.
Secretary Organizing Committee / General Secretary PAFP (regd)
Aims and Objectives of PAFP by Dr. Saeed Ahmed
Chief Organizer, / Senior Vice President PAFP (Regd)
Speech by Guest of Honor
Speech by Chief Guest
Convocation, Shield, Medal Distribution & Life Time Achievement Awards
by Dr. Abdul Sattar Ch. Chairman Awards Committee
Vote of Thanks by Dr. Aamer Ghafoor Mufti & Dr. Arshad Shohood
Conference Secretaries
Request for the Inauguration of Pharmaceutical Exhibition 2024 by
Dr. Fazal Mahmood Ch. Chairman Exhibition

4.30pm Hi-Tea



Dr. Samreen Riaz
0300-4351979
Co-Chaiperson
Poster Exhibition

POSTER EXHIBITION

Dr. Ahmed Naveed Bhatti
0321-5926660
Vice Chairman Organizing Committee /
Chairman Poster Exhibition



Details are, **LIFE TIME ACHIEVEMENT AWARD**

1. Members who have completed 25 years of Practice.
2. Spouse or Children of Members who have brilliant performance in Academics / other fields in 2023-24
3. Members who have done Post Graduation in 2023-24
4. Members with maximum attendance and good performance in CMEs in 2023-24.
5. Members who have participated in Disaster Management under PAFP (Regd).

HOTEL ACCOMODATION

For Conference Registration & Hotel Accommodation Kindly Send D/D in favor of
Academy of Family Physicians Pakistan

Standard Hotel, Room Rates (Expected per Night) Hotel Faletti's Lahore, Room Rates (Expected per Night)

Room Type	Rate
Single Standard Room	Rs. 5,000/-Tax
Double Standard Room	Rs. 7,000/-Tax

Room Type	Rate
Single Standard Room	Rs. 20,000/-Tax
Double Standard Room	Rs. 22,000/-Tax

Dr. Ghulam Ovais Qarni
0333-4243375
Chairman Accommodation



Dr. Abdul Sattar Ch.
0321-8851940
Chairman Life Time Achievement
Award Committee



Day 3



Dr. Omar Rashid
Chairman

Sunday 27th Oct. 2024

Venue : Faletti's Hotel Lahore

Breakfast: 07.30 to 08:30 am

Recitation of Holy Quran 08.25am

Session 1, Paeds

Start	End	Topics	Speaker	Moderator
08:30am	08:50am	Respiratory tract Infection in Paeds	Prof. Haroon Hamid	*
08:50am	09:10am	Guidelines for Use of Antiemetics in Children with Acute Gastroenteritis: an update	Prof. Humayun Iqbal Khan	
09:10am	09:30am	Micro Penis	Prof. Muhammad Ali	
09:30am	09:50am	Right Nutrition for right age in Children	Prof. Junaid Rashid	
09:50am	10:10am	Adult Immunization	Prof. Muhammad Faheem Afzal Dr. Uzma Pirzada	*
10:10am	10:30am			

Session 2, PAFP & PSIM

Start	End	Topics	Speaker	Moderator
10:30am	10:50am	Functional Dyspepsia	Assoc. Prof. Dr. Somia Iqtadar	*
10:50am	11:10am	Right GLP-1 for the right patient	Prof. Aziz ur Rehman	*
11:10am	11:30am	Right Placement of modern insulin analogues in the Management of T2DM	Prof. Aftab Mohsin	*

Session 3, Respiratory

Start	End	Topics	Speaker	Moderator
11:30am	11:50am	Burden of Respiratory Syncytial Virus in Pakistan	Prof. Muhammad Irfan Malik	*
11:50am	12:10pm	Management of Common Respiratory Illness at F.P Level	Prof. Muhammad Ashraf Jamal	
12:10pm	12:30pm	Asthma Management & Role of Inhaled Triple Therapy	Assoc. Prof. Ayub Mirza	*
12:30pm	12:50pm	ACCESS TRIAL (A randomised clinical trial of oral clarithromycin in CAP to attenuate inflammatory responses and improve outcomes)	Prof. Khalid Waheed	*

Session 4, Surgical & Allied

Start	End	Topics	Speaker	Moderator
12:50pm	01:10pm	Breast Cancer: Early detection & its Management	Prof. M. Arshad Cheema	
01:10pm	01:30pm	Role of Minimal technique including Laser, Laparoscopy & Ultrasound in treating Surgical Diseases	Prof. Azhar Alam	*
01:30pm	01:50pm	"Adolescent Health: An Ignored decade".	Dr Qurrat-ul-Ain Ahmed	*

Session 5, Rheumatology

Start	End	Topics	Speaker	Moderator
01:50pm	02:10pm	Management of Rheumatoid Arthritis at F.P Clinic	Prof. Ahmed Saeed	*
02:10pm	02:30pm	Acute & Chronic Backache	Prof. Dr. Ateeq ur Rehman	*
02:30pm	02:50pm	Pain Management and Regenerative Medicine for Family Physician	Dr. Shahzad Anwar	*

Session 6, Cardiometabolic Corporated

Start	End	Topics	Speaker	Moderator
02:50pm	03:00pm	Guidelines for use of GLP 1 Injection	Video	
03:00pm	03:20pm	Triple FDC; The Most Powerful Combination In T2DM Management	Dr. Imtiaz Hassan	*
03:20pm	03:40pm	Role of Insulin in CKD & Elderly Patients	Dr. Fawad Ahmad Randhawa	*
03:40pm	04:00pm	Microbial safety concerns in Pakistan's Portable Water	Dr. Nosheen Zaidi	*

Day 3



SCIENTIFIC PROGRAM

Dr. Yaqoob Anwar Ch.
Chairman
Scientific Program Hall B

Hall-B

Venue : Faletti's Hotel Lahore
Sunday 27th Oct. 2024

Recitation of Holy Quran

Session 1,

Start	End	Topics	Speaker	Moderator
11:00am	11:15am	Allergic Rhinitis	Prof. Tahir Rasheed	Dr. Sarfraz Bashir
11:15am	11:30am	Acute Diarrhea in Paeds	Prof. Muhammad Yaqoob Kazi	
11:30am	11:45am	Physician's burnout	Prof. Imran Ijaz Haider	
11:45am	12:00pm	Probiotics: Supporting Digestive Health in Children	Prof. Aamer Naseer Qureshi	
12:00pm	12:15pm	EEG in Dementias	Dr. Rana Qasim Hassan	

Session 2

Start	End	Topics	Speaker	Moderator
12:20pm	12:35pm	Oral Manifestation of Hepatitis Patients- A guidelines to general physicians	Prof. Arshad Malik	Dr. Sonia Bakhtiar
12:35pm	12:50pm	How to deal with midlife crises: Coping With a strategies and aging	Prof. Mulazim Hussain Bukhari	
01:05pm	01:20pm	Challenges in Cardiology & EECPT THERAPY (Enhanced External Counter Pulsation)	Dr. Raja Mehdi Hassan	
01:20pm	01:35pm	Psychological Aspects of Pregnancy	Dr. Faria Rahman	
01:35pm	01:50pm	Backache	Assoc. Dr. Muhammad Jahanzeb	

Session 3

Start	End	Topics	Speaker	Moderator
02:00pm	02:15pm	Breast Cancer, Diagnosis, Management & Prognosis	Dr. Shehzana Imtiaz	Dr. Farzana Saleem
02:15pm	02:30pm	Hyperprolactinemia in Men and Women	Dr. Sheeba Akram Hashmi	
02:30pm	02:45pm	Legal remedies to protect doctors against Negligence	Noshab A. Khan (Advocate)	
02:45pm	03:00pm	Combating Vitamin D Deficiency	Dr. Maria Yousuf Ali Zaidi	

Session 4

Start	End	Topics	Speaker	Moderator
03:05pm	03:20pm	Treatment Option for different causes of bleeding per rectum	Dr. Tanveer Hussain	Dr. Farhat Nauman
03:20pm	03:35pm	When should a physician refer a psychologist	Huma Khan Psychologist	
03:35pm	03:50pm	Smog Exposures and Essential Knowledge for Family Physicians	Prof. Saman Shahid	
03:50pm	04:05pm	Management of Anorectal Problems	Prof. Amna Javed	
04:05pm	04:20pm	Communication Skills	Dr. Maliha Sami	

Concluding Remarks President PAFP Dr. Tariq Mahmood Mian



Sunday 27th Oct. 2024 Venue : Faletti's Hotel Lahore

Workshop on Ophthalmology

Start 11.00am	End 03.00pm	Workshop and Hands on Training	Prof. Zahid Kamal
------------------	----------------	--------------------------------	-------------------

Workshop on Basic Life Support (BLS)

26-27 October 2024

Start 11.00am	End 03.00pm	Workshop and Hands on Training	Mr. Muhammad Sajjad
------------------	----------------	--------------------------------	---------------------

Familycon Wellbeing Walk

(Shirts will be Distributed to the Participants)

04.30pm Lunch

